

SAFE AT HOME

Brownie, Junior and Studio2B

PURPOSE: To teach Girl Scouts how to be safe in their homes.

PURCHASE AT: Resource Center

COST: \$0.85 plus tax



REQUIREMENTS: Complete the following requirements individually or as a troop.

- o **Brownie Girl Scouts** complete 4 activities.
- o **Junior Girl Scouts** complete 6 activities.
- o **Studio 2B Girl Scouts** complete 8 activities.

- _____ 1 Make a list of 10 things to do when you are bored and home alone.
- _____ 2 List at least 3 types of disasters that can happen. Explain what to do in each case. (Ex. Fire, Broken Pipe, severe weather.)
- _____ 3 Safety check. Conduct a safety check of your home. Spot and correct hazards with the help of family members. OR, make a list of hazards and what is wrong, and then tell a responsible family member.
- _____ 4 Find out the most common type of injuries for people your age. Are they from bicycle falls, sports, or just plain carelessness?
- _____ 5 Make an emergency contact list of phone numbers and keep it posted by your telephone.
- _____ 6 Learn the dos and don'ts of a house key; where to keep it and where not to keep it.
Know what to do in the following situations:
 - a. Someone comes to the door.
 - b. You have trouble with plumbing.
 - c. You smell natural gas.
 - d. The lights should go out.
 - e. You get hurt.
 - f. There is a fire.
 - g. Someone telephones and you are alone.
- _____ 7
- _____ 8 Make a list of several simple snacks you can make without using a sharp knife, stove, or oven.
- _____ 9 Take a hazard identification hike along a bike trail, foot path/trail, horse trail, or your own back yard. Identify places that you could get hurt or unsafe practices that could cause you trouble. Set up some way to warn others of the hazard or work to remove them.
- _____ 10 Make an escape plan with your family in case of a fire. Draw your escape route, with arrows, from every room in your house on a piece of paper. Then determine at least one other way to escape from every room. (Red Cross pamphlet.)

Suggested Community Resources:

- Nebraska Department of Motor Vehicles (order sheet with samples listed.)
- Lincoln Electric System (Two age levels of brochures.)
- American Red Cross (Fire Safety, Family Disaster Plan and Supply List, Emergency Preparedness Checklist, Tornado.)
- Department of Emergency Management/Tornado Awareness.
- Note: Poison Control Center is now Nebraska Medical Center, Omaha, NE. They are sending new, updated brochures. Ipecac is no longer recommended without medical instruction.

Information available on CD or at www.homesteadgsc.org in "Forms".

Written by Rachel Ellis. Updated in 2007.